

Lunch Menu

Week 1

Stir.

Let's eat, together

w/c: 02/09, 23/09, 14/10, 04/11, 25/11, 16/12, 06/01, 27/01, 17/02

MONDAY

Tex Mex Chicken

Served with Wholegrain Rice & Peas



TUESDAY

Cottage Pie topped with Root Vegetable Mash

Served with Green Cabbage, Peas & Gravy



WEDNESDAY

Roast Gammon

Served with Crispy Roasties, Broccoli & Gravy



THURSDAY

Pizza Pinwheels

Served with Garlic & Herb Wedges and Green Beans



FRIDAY

Golden Fish Fingers

Served with Chips and Baked Beans



Enchiladas

Served with Wholegrain Rice & Peas (Kidney Beans)



Vegetable Pie topped with Root Vegetable Mash

Served with Green Cabbage, Peas & Gravy



Sweet Potato & Lentil Roast

Served with Crispy Roasties, Broccoli & Gravy



Vegetable Jambalaya

Served with Green Beans



Courgette & Sweetcorn Fritters

Served with Chips and Baked Beans



Penne Pasta with Homemade Tomato Sauce



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Chocolate Cake and Custard

Jelly & Fruit Slices



Traditional Rice Pudding with Strawberry Jam

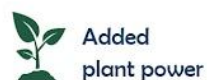
Fruit Salad



Shortbread Biscuits

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

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Lunch Menu

Week 2

Stir.

Let's eat, together

w/c: 09/09, 30/09, 21/10, 11/04, 02/12, 23/12, 13/01, 03/02

MONDAY

Mexican Chicken Wrap

Served with Wholegrain Rice & Peas



TUESDAY

Homemade Pizza

Margherita

Served with Paprika Wedges & Coleslaw

WEDNESDAY

Chicken & Sweetcorn Pie

Served with Crispy Roasties, Carrots & Peas



THURSDAY

Bombay Chicken Biryani

Served with Wholegrain Rice & Broccoli



FRIDAY

Golden Fish Fingers

Served with Chips & Baked Beans



Cheesy Bean Wrap

Served with Wholegrain Rice & Peas



Baked Tomato & Bean Gnocchi

Served with Coleslaw & Garlic Slice



Vegetable & Bean Cobbler

Served with Crispy Roasties, Carrots & Peas



Chickpea & Vegetable Samosa

Served with Wholegrain Rice, Broccoli & Curry Sauce



Vegetable Fingers

Served with Chips & Baked Beans



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Chocolate Beetroot Brownie

Vanilla Cheesecake

Fruit Bowls



Apple & Blueberry Flapjack

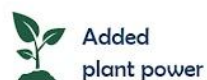


Oat Cookie & Fruit Slices



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

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Lunch Menu

Week 3

Stir.

Let's eat, together

w/c: 16/09, 07/10, 28/10, 18/11, 09/10, 30/10, 20/01, 10/02

MONDAY

Creamy Tuscan Beef
Served Wholegrain Rice & Peas



TUESDAY

Homemade Sausage Rolls
Served with Wedges & Baked Beans



WEDNESDAY

Roast Pork
Served with Crispy Roasties, Carrots & Sweetcorn



THURSDAY

Mac n Cheese with a Crispy Crumb Topping
Served with Green Beans

FRIDAY

Golden Fish Fingers
Served With Chips & Baked Beans



Mild Thai Green Curry Vegetable & Chickpea
Served with Wholegrain Rice & Peas



Homemade Cheese & Onion Rolls
Served with Wedges & Baked Beans

Spiced Beetroot & Lentil Loaf
Served With Crispy Roasties, Carrots & Sweetcorn



Vegetable Bean Chilli
Served with Wholegrain Rice & Green Beans



Vegetable Fingers
Served with Chips & Baked Beans



Penne Pasta with Tomato Sauce



Jacket Potato
With Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Tomato Sauce



Jacket Potato
With Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Tomato Sauce



Peach Crumble



Fruit Bowls



Vanilla Ice Cream Cup

Lemon & Courgette Drizzle Cake

Chocolate Cookies

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

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