## **Steps to starting school**

Build your child's confidence so that they start school confident, curious and ready to learn

Access more great advice, tips and downloadable resources at **pacey.org.uk/schoolready** 

I know when

to wash my

hands and can

wipe my nose

I can go to

the toilet,

wipe myself

properly and

flush unaided



I am happy to be away from my parents or main carer I have a good bedtime routine so I'm not tired for school

> I can share toys and take turns

> > I am able to sit still and listen for a short while

I am happy to tidy up after myself and can look after my things



More top tips:

I can follow

instructions and understand the

need to follow

rules

I can use a

knife and fork and open my

lunch on my

own

I can button &

unbutton my

shirt, use a zip

and put on my

own shoes &

socks

I enjoy making

marks and

have practised

holding a

pencil

l am able to

ask for help

if I don't

feel well

- Get your child ready for their new routine by switching their meal times to match those of the school day
- Encourage your child to explore new environments and interact with new people
- Talk to your child about what they are most looking forward to at school
- Let your child practise putting their new school uniform on and taking it off
- ★ And remember, every child is different and starts school with different abilities

l like interacting with other children

I enjoy learning about and exploring new things

l like to read stories and look at picture books