



Allergy Menu - Allergy Free Spring/Summer 2025

Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Brazilian Coconut Chicken Curry Served with Wholegrain Rice & Sweetcorn (1025741)	Margherita Pizza Served with Baked Potato Wedges and Coleslaw or Peas (1025751)	Roast Gammon Served with Crispy Roasties, Broccoli & Gravy	Mexican Chicken Meatballs Served Pasta & Green Beans (1021924)	Homemade Chicken Nuggets Served with Chips and Baked Beans (674852)
Option 2	Chana Masala Served with Wholegrain Rice & Sweetcorn (1022370)		Baked Courgette & Bean Gratin Served with Crispy Roasties, Carrots & Sweetcorn	Sweet Chilli Rice Served with Green Beans (1021931)	
Pasta Line	Penne Pasta with Homemade Tomato Sauce (1022105)				
Jacket Potatoes	Crispy Skin Jacket Potato (932527)				
Dessert	Cornflake Crispie Cakes (522425)	Jelly & Fruit Slices	Rocket Lolly (522709)	Fruit Salad	Lemon Shortbread Biscuits (1022097)

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes

Ready to
serve





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Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Naked Vegetarian Burger Served with Wedges & Side Salad (1025825)	Chicken Curry Served with a Wholegrain Rice & Broccoli (1021856)	Roast Chicken Served With Crispy Roasties, Carrots, Sweetcorn & Gravy	Margherita Pizza Served with Baked Potato Wedges and Coleslaw or Peas (1025751)	Homemade Chicken Nuggets Served with Chips and Baked Beans (674852)
Option 2			Baked Courgette & Bean Gratin Served with Crispy Roasties, Carrots & Sweetcorn		Vegetable Bean Chilli Served with Chunky Chips and Baked Beans (1025926)
Pasta Line	Penne Pasta with Homemade Tomato Sauce (1022105)				
Jacket Potatoes	Crispy Skin Jacket Potato (932527)				
Dessert	Cornflake Crispie Cakes (522425)	Jelly & Fruit Slices	Fruit Bowls	Rocket Lolly (522709)	Lemon Shortbread Biscuits (1022097)

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Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Sweet & Sour Chicken Served with Wholegrain Rice & Green Beans (1022242)	Margherita Pizza Served with Baked Potato Wedges and Coleslaw or Peas (1025751)	Roast Turkey Served with Crispy Roasties, Carrots & Sweetcorn	Chicken Curry Served with a Wholegrain Rice & Broccoli (1021856)	Homemade Chicken Nuggets Served with Chips and Baked Beans (674852)
Option 2			Baked Courgette & Bean Gratin Served with Crispy Roasties, Carrots & Sweetcorn		
Pasta Line	Penne Pasta with Homemade Tomato Sauce (1022105)				
Jacket Potatoes	Crispy Skin Jacket Potato (932527)				
Dessert	Cornflake Crispie Cakes (522425)	Fruit Bowls	Rocket Lolly (522709)	Jelly & Fruit Slices	Lemon Shortbread Biscuits (1022097)
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Ready to
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