



Great and Little Shelford C E (A) Primary School,
Church Street, Great Shelford, Cambridge, CB22 5EL

Tel: 01223 843107
office@shelford.cambs.sch.uk
www.shelfordschool.org.uk

We live and work in harmony with love for one another so we can achieve our potential within a community of life-long learners

Headteacher: Mr. Chris Grey PGCE, MEd

15th April 2026

Dear Parent/Carer,

In school we aim to help children to learn to respect themselves and others and move safely and confidently from childhood, through adolescence, into adulthood. We deliver much of this work through Relationships Education and Health Education, which are statutory parts of the broader subject, PSHE. As part of our programme we provide Relationships and Sex Education (RSE). This programme begins as soon as children arrive in school and continues until the end of secondary school. There is more information about the areas your child will be covering below.

We are very aware that the RSE we deliver in school is only a small part of children’s learning about their bodies, keeping safe, emotions, relationships and themselves. The majority of children’s learning in this area takes place with you at home.

We hope this letter gives you some more information about our partnership in developing children’s knowledge, skills and attitudes relating to RSE. [Our Relationships Education Policy, which covers RSE, is available from the website.](#)

We will shortly be beginning some work in year 3 and 4 about ‘**Growing and Changing**’. This work forms part of an ongoing programme of RSE, which we deliver throughout the school. Our ‘**Growing and Changing**’ topic covers some elements of Science, some Relationships Education and Health Education.

Your children will be engaging with the following questions as part of this work:

- **How are male and female bodies different and what are the different parts called? – Y3**
- **When do we talk about our bodies, how they change, and who do we talk to? – Y3**
- What can my body do and how is it special? – Y3
- **Why is it important to keep myself clean? – Y3**
- **What can I do for myself to stay clean and how will this change in the future? – Y3**
- **How do different illnesses and diseases spread and what can I do to prevent this? – Y3**
- What are the main stages of the human life cycle?* - Y4
- **What does it mean to be ‘grown up’? – Y4**
- **What am I responsible for now and how will this change? – Y4**
- **How do different caring, stable, adult relationships create a secure environment for children to grow up? – Y4**

*Part of the National Curriculum for Science

Bold objectives are from either of the statutory areas, Relationships Education or Health Education

We encourage you to discuss these areas with your children before, during or after our topic, as children say that they greatly value being able to talk with their parents/carers about these issues.

- To read our Relationships Policy (including Sex Education) click [here](#).
- To read the government guidance for Primary parents/carers on RSE follow this [link](#).





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You have the right to withdraw your child from the elements of our programme defined as sex education. If you would like to discuss any issues relating to our work on RSE, or to find out more about the lessons, please contact Miss Evans, Mrs. Bane, Mrs. Harrison, Mrs. Dawson or Mr. Grey

With best wishes,

Chris Grey
Headteacher

Lisa Dawson
PSHCE Leader

Kindness *Respect and understand others*
Resilience *Push yourself and don't give up!*
Responsibility *Considerate and work hard*
Creativity *Try new things and improve*

From Knowledge, Wisdom Flows