

Shelford School News

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Shelford School Website: <http://www.shelfordschool.org.uk/>

School letter No. 02/17

7th September 2017

Welcome back to a new school year

I hope that you received and were able to read yesterday's newsletter. This is a good way to be up-to-date with what's going on in school.

A correction to yesterday's newsletter; "all but two of our classes are full, with 205 children in school".

Creating/renewing our highly-prized school ethos.

This week lots of important work is being done at a whole school and class level to set the tone so that the school works as efficiently and effectively as possible. Yesterday's assembly focussed on how our ethos is crucial to each person's success and well-being at school; our **Christian values** or "foundation stones," e.g. wisdom, community, dignity, forgiveness, service and generosity, **inspire us and give us confidence to believe** (Shelford Star Values - Be Happy, Be Busy, Be Safe, Be Healthy, Be Organised, Reflect, Celebrate and Be an Enthusiastic Learner) **and to achieve** (Secrets of Success).

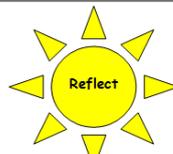
Be Healthy. Reflect. Be Organised

Today's assembly focussed on health and well-being in all its aspects; physical, social /emotional, intellectual and spiritual, and more fully incorporated a theme I had introduced last term i.e. mental health.

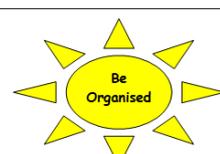
The Shelford Star values below unpack these themes further and give positive tips for staying mentally healthy.



- Make good food choices
- Avoid greediness and overeating
- Have treats occasionally not all the time
- Get the right amount of sleep and rest
- Be active
- Enjoy the natural world
- Take time to think
- Give your best in your work - keep your mind busy
- Look after your spirit



- Take time out to think
- Know your strengths and weaknesses
- Know yourself
- Make good choices
- Think about it
- Be honest
- Ask what do I need to do to put things right?
- Be sorry, say sorry
- What do I need to work harder at?



- Be on time
- Bring your reading folder every day
- Always remember your PE kit
- Do not leave your clothes lying around
- Take time to hang clothes carefully on pegs
- Be ready to start your lessons on time
- Keep your own space tidy
- Pack away your own things
- Take important papers home in your reading folder

This term our hall displays will remind us of this important theme:

- I keep my mind healthy by getting enough sleep
- I keep my mind healthy by eating the right food
- I keep my mind healthy by exercising my body
- I keep my mind healthy by being organised
- I keep my mind healthy by getting outside
- I keep my mind healthy by having fun
- I keep my mind healthy by making and keeping good relationships

Extra-curricular clubs

In order to encourage physical activity, please find the timetable for our extra curricula clubs attached. Premier Sport clubs details have been added to children's book bags. **Please note all bookings for Premier Sports should be made online.**

Where appropriate, letters will be sent home today giving details of other clubs and a sign up form. Do please talk with your child about making the most of these excellent opportunities taking place on site before and after school and at lunchtime and encourage them to join, if appropriate.

Also in book bags, you will find ***How Food Smart are you?*** which the children heard about from Miss Beck in assembly today. This year, Mr Spencer (Premier Sports) will be joining us on Tuesday afternoons during the year and working with all classes to deliver lessons on nutrition and healthy eating called **Funtrition**.

Meet the teacher evening

And finally, a reminder worth repeating ...

The first parent/carer briefing this year takes place on Thursday 14th September, starting at 7.30pm in the school hall for a review of last year and a summary of what to expect in 2017 – 2018, including our school improvement priorities. This will be followed by time in class to meet with your child's class teacher(s), to have a look at the classroom and to receive important information about routines, procedures and the curriculum, including an overview of the homework that will be expected. We do hope that, as this date was published to you on a number of occasions in Summer Term, that you were able to reserve it and will be able to join us for this important evening. Please note that this is an evening for adults and not the children.

Parking in Kingsdale Court, Peacocks

We have received a letter from the Residents Association Area Manager for Kingsdale Court, Peacocks, Great Shelford. Please be reminded that Kingsdale Court is a private road and that parents are not permitted to park in this road. Thank you for your cooperation.

Volunteer Helping

Next week at the ***Meet the Teacher*** evening, teachers will outline opportunities to help in class. I would also be grateful to hear from anyone who is willing to help in the following ways:

- Tuesday mornings – help with displays and photocopying for the benefit of all classes
- Daily until further notice, pending a caretaker appointment, I am looking for someone to help for an hour a day at 9.00am. This would include tasks such as unpacking and putting away deliveries, setting out and putting away PE apparatus and emptying playground and paper bins which can be heavy at times. Thank you for considering this.

With kind regards, Mrs Evans