

THE SHELFORD STAR

WEEKLY WEDNESDAY UPDATE

*We live and work in harmony with love for one another,
so we can achieve our potential within a community of life-long learners*

26th May 2023

Vol. 25

NEWSLETTER IN 60 SECONDS

Dear Members of the Great and Little Shelford Community,

I hope this week's newsletter finds you and your family well. We find ourself at the end of our half term and it is finally feeling like the sunnier weather has arrived!

- **Mental Health Awareness Week**
- **Ascension Day**
- **Music Taster Day**
- **Y3 Victorian Day**
- **Upcoming Dates**
- **PTA Events**
- **Announcements**

Last week, we marked Mental Health Awareness Week. Children across the school took part in a variety of different activities. These were in-line with the NHS 5 Ways to Wellbeing.

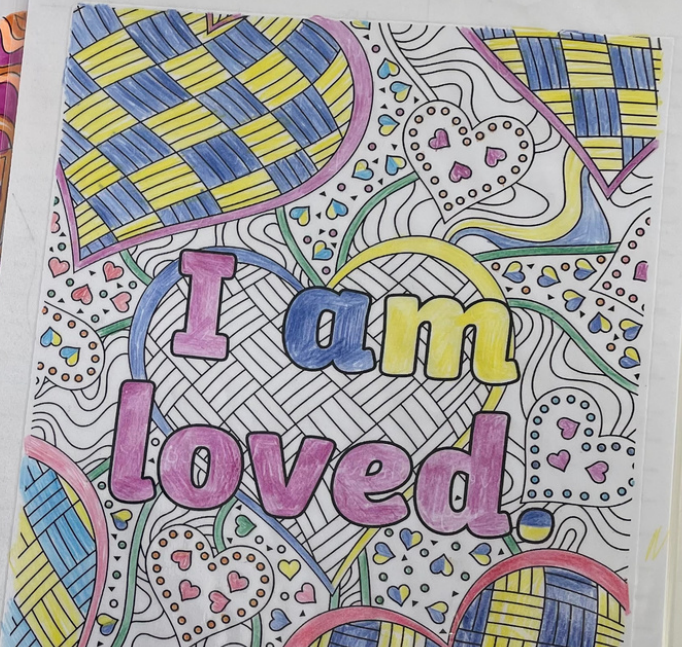
From cloud-bathing and guided meditation to taking notice in nature and creating affirmations, the children have enjoyed a variety of activities to promote their own wellbeing.

On Friday 19th May, this culminated in our Wear it Green Day! Thank you to all the families for supporting this non-uniform event. Thank you also for the kind donations to the Mental Health Foundation. **So far, we have raised £149 for the charity. The page is still open if you have not yet donated: [here](#).**


Wear It Green Day



Mental Health Awareness Week



Mental Health Awareness Week



Mental Health Awareness Week

LO practise the 5 ways to wellbeing

Thursday 18th May 2023

Take Notice

Choose at least two activities from the below:

- Observe the patterns and textures of the bark on the trees around you. Spend time gently running your finger tips up, down and along. What do you notice about the textures? How do the trees compare? Do you have a favourite texture?
- Find a favourite tree with branches that are low enough for you to see the leaves. Observe the patterns on the leaves. Run your fingers gently along the edges of the leaves. Do you have a favourite? Be careful not to pick any living leaves.
- Stand or sit comfortably with one of your hands in front of you, palm facing upwards. With your index finger, trace along the edges of your palm and fingers. Try to take notice just of the sensation of your finger on your hand.
- Take a moment to stand or sit comfortably and as still as possible. Close your eyes. What can you hear? What do you notice? Take a moment to notice how your feet feel. Moving up your body slowly, take notice of how the different parts of your body are feeling.
- Practise some of your own silent prayer.
- Read a Relax Kids text aloud to a partner.

Give

Choose at least one activity from the below:

- Think about what it feels like to give to others. What will you give to others today - a smile, time, a joke, a friendly ear? By giving to others, we can feel good about our own choices.
- Think about things that you'd like to change about life. What could you do to give to others to enable this to change?

Connect

Choose at least one activity from the below:

- Find someone you don't spend as much time with - find out about them. What are their favourite sports, foods and hobbies? How are they feeling today? What are their biggest wishes for the future?
- Give an appropriate compliment to three people in the class.



Cloud Bathing



Guided Meditations



Taking notice of nature



Taking notice of nature



Taking notice of our bodies



Taking notice of our bodies



Being active

Be Active

Choose at least one activity from the below:

- Use the PE resources to design your own obstacle course for a team.
- Practise your skipping challenges.
- Run laps of the Shelford Mile.
- Practise balancing on one leg - can a partner time you by counting?

Ascension Day - Service and Picnic

Today, we have enjoyed a wonderful day marking Ascension.

The events commenced with our Ascension Service at St. Mary's, led by Year 4. The class did a wonderful job and every word of each reading, prayer and poem could be heard so clearly. Well done for retelling the events so well and helping the rest of the school to understand the context of where this part of Jesus' story fits following on from Easter and before Pentecost.

After this, pupils arrived back at school and we welcomed families for an Ascension Picnic.

Reception pupils also spent some time observing their bubbles ascending, as a Forest School Ascension activity!



Y3 Victorian Day

As we shared in last week's newsletter, children in Year 3 enjoyed an immersive day in Victorian School - linking to their topic 'Our Victorian School'. Some photos of their day can be found here, along with some beautiful, careful printing inspired by the designs of William Morris (Victorian artist, designer, poet and more!)



Music Taster Session

On Thursday 8th June, we will be holding some instrumental taster sessions.

For anyone interested in exploring instrumental provision for their child and to express interest in a taster or trial of some different instruments, please contact Mrs. Jess Roberts:

beescottage@mac.com



Important Attendance and Punctuality Update

In our continued work to ensure pupils are able to attend school every day that school is available, we have been working with the Local Authority to ensure that our attendance and punctuality remain strong.

With respect to punctuality, please remember that **the school day begins at 8:45am**. Improvement Time begins at 8:45am, with some important activities relating to children's learning. This can include a variety of morning challenges, improving prior learning or practising key skills. Meanwhile, some children have specific focused work with adults scheduled for this time. Please help by allowing enough time each morning to arrive on time for 8:45am.

We need to make families aware that there are two codes for recording lateness. Firstly, if a pupil attends 'before registers close' this is marked as 'late'. This is an authorised absence. However, if pupils arrive after 9:15am, this is after the closure of the registers and considered an unauthorised absence.

A total of 8 unauthorised sessions (e.g. 8 late mornings), reaches the threshold for referral to the Local Authority for a fixed penalty notice. This is calculated as £60 per child multiplied by the number of adults responsible for the absence. Please note this is issued by and charged to the Local Authority - not the school.

The school is held to account for its pupils' attendance. Please help your child get the very best school experience by prioritising punctuality each morning.

PTA Quiz

The PTA quiz returned in person in the school hall on Saturday for a fantastic evening. Lead by quiz master Andrew Corney who did a wonderful job, challenging the eight participating teams with the varied (and predictably tricky) rounds of questions he had prepared for us. Also included this year were some tasting rounds along with new competitions such as paper aeroplane throwing to add great fun elements to the evening. A huge thanks to Andrew for all of the work he put into the quiz, to Richard Turner and Peter Ede for their technical help and scoring and to the PTA team for the organisation, set up and running the bar. The quiz has raised around £700 to go towards more PTA-funded projects in the school so we're very grateful to everyone who contributed and took part in this enjoyable community event.



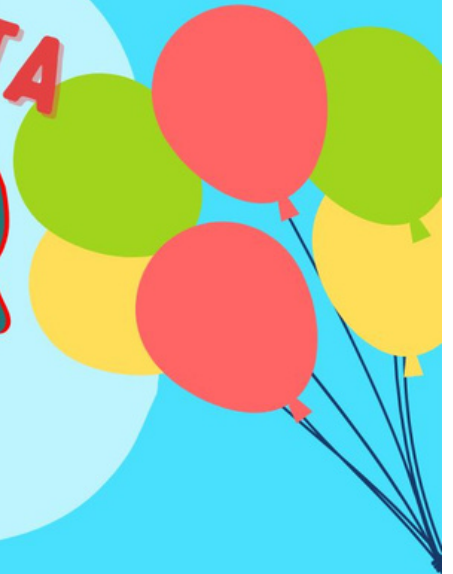
PTA Summer Fair



**SATURDAY 17TH JUNE
12 NOON TO 3.00PM**

SHELFORD SCHOOL PTA

SUMMER FAIR



**JOIN US FOR
LOTS OF FUN!**

**BOUNCY CASTLE • GAMES
STALLS • BBQ • GIANT SLIDE
SILENT AUCTION • TOMBOLA
LICENSED BAR • ICE CREAM
AND MUCH, MUCH MORE!**



Silent Auction @ PTA Summer Fair

Dear Parents,

We are organising the Silent Auction for this year's Summer Fair, which is being held on Saturday 17th June, and we need your help!

For anyone who is not familiar with it, the auction is called "silent" because rather than having an auctioneer, the lots are displayed on boards, and you can bid by writing down your bid amount on the sheet for the relevant lot. The final (highest) bid wins the lot. In previous years, the Silent Auction has provided a major proportion of the profits for the Summer Fair, but in order for it to work, we need plenty of lots!

We are therefore asking whether you are able to help us in one of the following ways:

- **Do you, or does someone you know, own a business that could provide something?** This might be a service, an experience or a gift, and in return we will display your company name/logo on the day and acknowledge you in the Silent Auction brochure. We are also happy to display any promotional materials.
- **Do you have a special skill that you might be able to pass on?** In the past we have had offers of celebration cakes, cake decorating and cooking tutorials, musical instrument tasters and so on.
- **Finally, do you have something that somebody might like to borrow eg a boat or a holiday cottage?!**

Please let us know if you can help in any way, and please feel free to ask us if you have any questions.

Thank you!

Laura (Ringrose) & Anna (Banks) Year 1 parents

Campout

Sleep out under the stars – at Shelford School!

Shelford School PTA is proud to announce the return of The Big Campout, on the evening of Saturday June 17th – in other words, following on from the PTA Summer Fair in the afternoon. For those of you who haven't previously taken part, for one night from 5pm, the school field becomes a campsite, with children and their parents camping overnight. Hot food, fun and games, and bedtime stories are provided, with breakfast on Sunday morning. All you need to bring is your own tent and bedding! The idea is to provide a gentle introduction to the delights of camping, but close to home, with the emphasis on outdoor fun.

Campout Tickets cost £10 per adult, and £5 per child. Please contact the organiser, PTA Secretary Matt Bell, on Classlist to sign up. Tickets will also be on sale at the school gate before the Campout itself.



Upcoming Dates

Mental Health
Awareness Week



#ToHelpMyAnxiety

- **w/c 29th May** - Half Term
- **5th June** - PD Day - School closed for pupils
- **Tuesday 6th June - First day back for Summer 2**
- **8th June** - Empathy Day for pupils in school
- **8th June** - Music Taster Session
- **9th June** - Environment / International Day for pupils in school
- **12th June** - Y4 Multiplication Check window opens
- **12th June** - Y1 Phonics Screening commences
- **13th June** - Class Photographs
- **20th June** - 6:30pm - New Reception Parents' Induction
- **21st June** - Y5 Taster Morning at SVC
- **21st June** - 6:30pm - Midsummer Concert at GSFC
- **26th June** - 6:30pm - Y6 Production - Evening Performance
- **27th June** - 2:30pm - Y6 Production - Afternoon Performance
- **28th June** - Y6 Transition Day at SVC
- **5th July** - Y2 visit to Cadbury World
- **7th July** - Sports Day - Families welcome in the afternoon
- **14th July** - Reserve date for Sports Day
- **19th July** - Leavers' Day
- **19th July** - 9:30am - Leavers' Service - St. Mary's, followed by a reception and presentations for families at school.
- **19th July** - End of the academic year

Current Vacancies

We are currently looking for Midday Supervisors to join our wonderful team that work at lunch. Details can be found [here](#).

STEPPING STONES TRIPLE P



Contact
us to
Book

Stepping Stone Triple P parenting course is a programme developed for parents of children with additional needs up to the age of 12 years. The course aims to provide parents with strategies to manage behaviour across various settings, set goals, learn strategies to promote positive behaviour and deal with misbehaviour.

Cambridgeshire
**Child and Family
Centres**

Virtual Online Course

Tuesdays

10am to 12.30pm

6 June to 11 July



**CAMBRIDGESHIRE
& PETERBOROUGH
COMBINED AUTHORITY**

CONTACT EMMA MCARTHUR - TEL: 07780 596627

EMAIL: EMMA.MCARTHUR@CAMBRIDGESHIRE.GOV.UK



- COACHING
- PICNIC AREA
- CAMPS FOR 6-10 YEARS
- CAMPS FOR 11-16 YEARS
- MEMBERSHIP OPTIONS

TENNIS FOR ALL THE FAMILY

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SUMMER CAMPS AVAILABLE SOON**

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