

Lunch Menu

w/c: 3/11, 24/11, 15,12,5/1, 26/1

Week
I

Stir.
let's eat. together

MONDAY

Mediterranean Chicken

Served with Khobez Bread & Roasted Vegetables

TUESDAY

Homemade Margherita Pizza

Served with Baked Potato Wedges and Coleslaw or Peas

WEDNESDAY

Roast Gammon

Served with Crispy Roasties, Broccoli & Gravy

THURSDAY

Lamb Jollof Rice

Served with a Crunchy Slaw

FRIDAY

Golden Fish Fingers

Served with Chips & Baked Beans



Vegetable Tagine

Served with Khobez Bread & Roasted Vegetables

Homemade Pizza al a Pesto

Served with Baked Potato Wedges and Coleslaw or Peas

Carrot & Stuffing Plait

Served with Crispy Roasties, Broccoli & Gravy

Sweet Potato & Black Bean Curry

Served with Steamed Rice & Crunchy Slaw

Roasted Vegetable Pitta Pockets

Served with Chips & Baked Beans



Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo

Jacket Potato

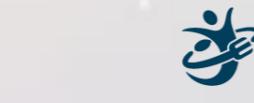
with Cheese or Baked Beans or Tuna Mayo

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Apple Crumble Cake



Jelly & Fruit Slices



Carrot & Cinnamon Cookies



Fruit Salad



Hob Nob Biscuit 50/50 Wholemeal

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week
2

w/c: 10/11, 1/12, 22/12, 12/12, 2/2,

Stir.
let's eat. together

MONDAY

Char Sui Pork
Served with Noodles & Green Cabbage

TUESDAY

Homemade Pizza Margherita
Served with Paprika Wedges & Coleslaw

WEDNESDAY

Chicken, Sage & Onion Slice
Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

THURSDAY

Bombay Chicken Biryani
Served with Wholegrain Rice & Broccoli

FRIDAY

Golden Fish Fingers
Served with Chips & Baked Beans

Chow Mein Noodles

Served with Green Cabbage

Vegetable Supreme Pizza

Served with Garlic & Herb Wedges and Coleslaw or Peas

Crispy Cheese & Lentil Bake

Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

Malai Koftas (Paneer)

Served with Wholegrain Rice & Broccoli

Sweet Potato, Leek & Cheese Quiche

Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Vanilla Sprinkle Sponge

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Watermelon Sticks

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Chocolate Brick

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Fruit Bowls

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Oatie Cookie

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Lunch Menu

w/c: 17/11, 8/12, 29/12, 19/12, 9/2

Week
3

Stir.
let's eat. together

MONDAY

Chicken Tacos

Served with
Rainbow Rice & Sweetcorn

TUESDAY

Homemade Sausage Rolls

Served with Wedges & Baked
Beans

WEDNESDAY

Roast Chicken Thigh

Served with Crispy Roasties,
Carrots & Sweetcorn

THURSDAY

Mac n Cheese with a Crispy Crumb Topping

Served with Green Beans

FRIDAY

Golden Fish Fingers (Salmon Or Pollock)

Served With Chips & Garden Peas



Eat Curious Tacos

Served with Rainbow Rice &
Sweetcorn

Penne Pasta with Homemade Tomato Sauce



Jacket Potato

with Cheese or Baked Beans or
Tuna Mayo



Orange & Cinnamon Cake

Homemade Cheese & Onion Rolls

Served with Wedges & Baked
Beans

Penne Pasta with Nut free Spinach and Basil Pesto

Cheesy Root Veg Crumble

Served with Carrots
& Sweetcorn

Penne Pasta with Homemade Tomato Sauce



Jacket Potato

with Cheese or Baked Beans or
Tuna Mayo



Jacket Potato

with Cheese or Baked Beans or
Tuna Mayo



Fruit Bowls

Jacket Potato

with Cheese or Baked Beans or
Tuna Mayo



Vanilla Ice Cream Cup

Vegetable & Bean Chilli

Served with Steamed Rice &
Green Beans

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato

with Cheese or Baked Beans or
Tuna Mayo



Jelly & Fruit Slices

Jacket Potato

with Cheese or Baked Beans or
Tuna Mayo

Jacket Potato

Penne Pasta with Homemade Tomato Sauce



Jacket Potato

with Cheese or Baked Beans or
Tuna Mayo



Polish Vanilla Cookies

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

**Icon
Key**



Added
plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's
Choice



Extra
Protein Power



Good for
your gut