

Early Intervention Family Worker Newsletter

8th November 2021



Parent Carer Support Line

Offers the opportunity to speak to a friendly professional from the E I Family Worker Team about your young person aged 4 to 12 in Cambridge City and surrounding areas.

You can ask question, seek support around behaviour, routines, and boundaries, or just talk about how it is to manage parenting during current times. We will give advice, support, and help with signposting or just listen. You can telephone or email for support any time. Please leave a message with contact details, someone will call you back within 10 working days. We are not an emergency service. [Phone 01354 750420](tel:01354750420)

Activity Idea

For **Remembrance Day** on Thursday 11th November why not join us remember by making a Craft Poppy activity. It is also a great way to start discussions around the significance of Remembrance Day with our children.

You will need:

- Paper
 - Black and green crayons
 - Red paint
1. Draw Poppy stems first using green crayons
 2. Add small circle at the top of the stem using the black crayon
 3. Use red paint and print from finger all around the small circle

Here is the link to watch the craft activity:
[POPPY FLOWER finger painting for kids | ANZAC & REMEMBRANCE DAY - Bing video](#)

Parenting Top Tip

Internet Safety

On a study of children 0-5 years old 52% are online almost 9 hours a week

For children 7-11 years old 93% are online almost 13.5 hours a week

For children 11 – 14 years old the report showed 99% of children are online almost 20.5 hours a week. (Statistics from Ofcom children and parent's media use and attitudes report 2018).

Worries around internet safety has been a common theme for parents over the last few weeks, please see below some useful information and links for managing online safety within the home.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

There are lots of resources through the NSPCC's website around talking to your children about online safety, parental controls, online games and much more.

Want further support? Parents can contact the 02 NSPCC Advice line on 0808 800 5002 for advice on apps, sites, games and online safety.

Another Resource

Younger children at home?

CBeebies has a short film called '*my first festivals*' which explores Remembrance Day for younger children. CBeebies has also created a 2-minute animation called *Poppies* showing war from the animal's point of view. This may be a nice resource to use with younger children during the 2 minute silence on Thursday.

[Remembrance Day - CBeebies - BBC](#)

["Poppies" on CBeebies - Children's Remembrance Day 2 Minutes' Silence Alternative - YouTube](#)

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cams.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer



Cambridgeshire
County Council

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