



14 Allergy Free Menu Spring/Summer 2026 Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Mexican Chicken Wrap Served with Rice & Mixed Salad (1226378)	Margherita Pizza Served with Baked Potato Wedges and Coleslaw or Salad (1025751)	Roast Chicken Served with Crispy Roasties, Carrots & Sweetcorn	Swedish Meatballs Served with Creamy Mash & Green Beans (1226576)	Homemade Chicken Nuggets Served with Chunky Chips and Baked Beans (1226707)
Option 2	Vegetable Enchiladas Served with Rice & Mixed Salad (1226399)	Pizza a la Pesto Served with Baked Potato Wedges and Coleslaw or Salad (1226479)	Crispy Cheese & Chickpea Bake Served with Crispy Roasties, Carrots & Sweetcorn (1226528)	Vegan Swedish Meatballs Served with Creamy Mash & Green Beans (1226637)	Cheesy Veggie Patty Served with Chunky Chips and Baked Beans (1226735)
Pasta Line	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)
Jacket Potatoes	Crispy Skin Jacket Potato (932527)				
Dessert	Apple Sponge & Custard (1226420)	Jelly & Fruit Slices	Carrot & Cinnamon Cookies (1226565)	Fruit Salad	Chocolate & Vanilla Shortbread (1226751)

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes

let's eat, together



I 4 Allergy Free Menu

Spring/Summer 2026 Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Sweet & Sour Pork Served with Rice & Green Cabbage (1226780)	Margherita Pizza Served with Baked Potato Wedges and Coleslaw or Salad (1025751)	Cottage Pie Served With Garden Mash, Green Cabbage & Garden Peas (1226847)	Butter Chicken Curry Served with Wholegrain Rice & Broccoli (1226892)	Homemade Chicken Nuggets Served with Chunky Chips and Baked Beans (1226707)
Option 2	Sweet & Sour Eat Curious Served with Rice & Green Cabbage (1226793)	Veggie Delight Pizza Served with Baked Potato Wedges and Coleslaw or Salad (1226832)	Shepherdless Pie Served With Garden Mash, Green Cabbage & Garden Peas (1226856)	Tikka Eat Curious Served with Wholegrain Rice & Broccoli (1226920)	Cheesy Veggie Patty Served with Chunky Chips and Baked Beans (1226735)
Pasta Line	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)
Jacket Potatoes	Crispy Skin Jacket Potato (932527)				
Dessert	Apple Sponge & Custard (1226420)	Watermelon Sticks	Chocolate Cornflakes Crispy (1226876)	Fruit Bowls	Chocolate & Vanilla Shortbread (1226751)

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14 Allergy Free Menu

Spring/Summer 2026 Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Madras Chicken Curry Served with Wholegrain Rice and Green Beans (1226950)	Beef Smashburger Taco Served with Wedges and Baked Beans (1226957)	Roast Gammon Served with Crispy Roasties, Broccoli & Gravy	Vegetable & Bean Chilli Served with Steamed Rice & Green Beans (1227009)	Homemade Chicken Nuggets Served with Chunky Chips and Coleslaw (1242234)
Option 2	Sweet Potato & Chickpea Balti Served with Wholegrain Rice and Green Beans	Cheesy Bean Taco Served with Wedges and Baked Beans (1226977)	Cheesy Vegetable Tray Bake Served with Crispy Roasties, Broccoli, Sweetcorn & Gravy (1226994)		Cheesy Veggie Patty Served with Chunky Chips and Coleslaw (1227499)
Pasta Line	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)
Jacket Potatoes	Crispy Skin Jacket Potato (932527)				
Dessert	Jammy Crumble Slice (1226966)	Fruit Bowl	Carrot & Cinnamon Cookies (1226565)	Jelly & Fruit Slices	Rainbow Shortbreads (1227016)

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