

June Half Term

THE SPORTS CENTRE WILL BE CLOSED MONDAY 31st MAY



Intensive Swimming Lessons

Tuesday 1st—Friday 4th
09.00-09.30 Tadpoles age 4+ *
09.30-10.00 Frogs 5+ (beginners)
10.00-10.30 Frogs 5+ (beginners)
10.30-11.00 Penguins (post beginners)

£20.00 for 4 days

PLEASE NOTE: TADPOLE CLASSES REQUIRE A PARENT OR GUARDIAN IN THE WATER WITH THEM



Trampoline with Becky

Thursday 3rd June
09.15-10.15am
10.30-11.30am
£5.00
Ages 6+

socks need to be worn

Public Swims

Tuesday 1st—Friday 4th June
14.00-15.00
Adults £3.50 / Children £2.50

These sessions need to be booked as spaces are restricted



Family Bubble Swims

Tuesday 1st June—Friday 4th June
12.00-13.00
13.00-14.00

£20.00 for up to 6 people

(Maximum of two different households allowed per family bubble)

Football Fun Camp

Tuesday 1st—Friday 4th June

1, 2 or 3 days only Age range 4-12 years

Bookings to be made directly through their website

<https://www.thefootballfunfactory.co.uk/camps>



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Fitness options for Adults



Fitness Suite
Lane Swimming
Badminton
Squash
Table Tennis
5aside Football



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Pay-as-you-go classes

Monday - Spinning 6.15-7.00pm
Tuesday - Boot Camp 6.30-7.15pm
Wednesday - Zumba 7.15-8.00pm
Wednesday - Stong HIIT 8.00-8.30pm
Thursday - Triplefit 5.45-6.30pm
Thursday - Boot Camp 6.30-7.15pm
Thursday - Kettlercise 7.30-8.15pm

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